



# National Nutrient Database for Standard Reference

## Release 28 slightly revised May, 2016

### Statistics Report 09301, Rambutan, canned, syrup pack

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Nutrient values and weights are for edible portion.

Nutrient	Unit	Value Per 100 g	Data Points	Std. Error	Min	Max	df	LB	UB	# Studies	Source	NDB Ref	Last Modified
<strong>Proximates</strong>													
Water	g	78.04	2	--	--	--	--	--	--	--	Analytical or derived from analytical	--	11/1996
Energy	kcal	82	--	--	--	--	--	--	--	--	Calculated or imputed	--	11/1996
Energy	kJ	343	--	--	--	--	--	--	--	--	Calculated or imputed	--	01/2014
Protein	g	0.65	2	--	--	--	--	--	--	--	Analytical or derived from analytical	--	11/1996
Total lipid (fat)	g	0.21	2	--	--	--	--	--	--	--	Analytical or derived from analytical	--	11/1996
Ash	g	0.23	2	--	--	--	--	--	--	--	Analytical or derived from analytical	--	11/1996
Carbohydrate, by difference	g	20.87	--	--	--	--	--	--	--	--	Calculated or imputed	--	11/1996
Fiber, total dietary	g	0.9	2	--	--	--	--	--	--	--	Analytical or derived from analytical	--	11/1996
<strong>Minerals</strong>													
Calcium, Ca	mg	22	2	--	--	--	--	--	--	--	Analytical or derived from analytical	--	11/1996
Iron, Fe	mg	0.35	2	--	--	--	--	--	--	--	Analytical or derived from analytical	--	11/1996
Magnesium, Mg	mg	7	2	--	--	--	--	--	--	--	Analytical or derived from analytical	--	11/1996

Nutrient	Unit	Value Per 100 g	Data Points	Std. Error	Min	Max	df	LB	UB	# Studies	Source	NDB Ref	Last Modified
Phosphorus, P	mg	9	2	--	--	--	--	--	--	--	Analytical or derived from analytical	--	11/1996
Potassium, K	mg	42	2	--	--	--	--	--	--	--	Analytical or derived from analytical	--	11/1996
Sodium, Na	mg	11	2	--	--	--	--	--	--	--	Analytical or derived from analytical	--	11/1996
Zinc, Zn	mg	0.08	2	--	--	--	--	--	--	--	Analytical or derived from analytical	--	11/1996
Copper, Cu	mg	0.066	2	--	--	--	--	--	--	--	Analytical or derived from analytical	--	11/1996
Manganese, Mn	mg	0.343	2	--	--	--	--	--	--	--	Analytical or derived from analytical	--	11/1996
<b>Vitamins</b>													
Vitamin C, total ascorbic acid	mg	4.9	2	--	--	--	--	--	--	--	Analytical or derived from analytical	--	11/1996
Thiamin	mg	0.013	2	--	--	--	--	--	--	--	Analytical or derived from analytical	--	11/1996
Riboflavin	mg	0.022	2	--	--	--	--	--	--	--	Analytical or derived from analytical	--	11/1996
Niacin	mg	1.352	2	--	--	--	--	--	--	--	Analytical or derived from analytical	--	11/1996
Pantothenic acid	mg	0.018	2	--	--	--	--	--	--	--	Analytical or derived from analytical	--	11/1996
Vitamin B-6	mg	0.020	2	--	--	--	--	--	--	--	Analytical or derived from analytical	--	11/1996
Folate, total	µg	8	2	--	--	--	--	--	--	--	Analytical or derived from analytical	--	11/1996

Nutrient	Unit	Value Per100 g	Data Points	Std. Error	Min	Max	df	LB	UB	# Studies	Source	NDB Ref	Last Modified
Folic acid	µg	0	--	--	--	--	--	--	--	--	Assumed zero	--	01/2001
Folate, food	µg	8	2	--	--	--	--	--	--	--	Analytical or derived from analytical	--	05/2003
Folate, DFE	µg	8	--	--	--	--	--	--	--	--	Calculated or imputed	--	05/2003
Vitamin B-12	µg	0.00	--	--	--	--	--	--	--	--	Assumed zero	--	11/1996
Vitamin A, RAE <sup>1</sup>	µg	0	2	--	--	--	--	--	--	--	Analytical or derived from analytical	--	05/2003
Retinol	µg	0	--	--	--	--	--	--	--	--	Assumed zero	--	06/2002
Carotene, beta <sup>1</sup>	µg	2	2	--	--	--	--	--	--	--	Analytical or derived from analytical	--	05/2003
Carotene, alpha <sup>1</sup>	µg	0	2	--	--	--	--	--	--	--	Analytical or derived from analytical	--	05/2003
Cryptoxanthin, beta <sup>1</sup>	µg	0	2	--	--	--	--	--	--	--	Analytical or derived from analytical	--	05/2003
Vitamin A, IU <sup>1</sup>	IU	3	2	--	--	--	--	--	--	--	Analytical or derived from analytical	--	05/2003
<b>Lipids</b>													
Fatty acids, total trans	g	0.000	--	--	--	--	--	--	--	--	Assumed zero	--	06/2015
Cholesterol	mg	0	--	--	--	--	--	--	--	--	Assumed zero	--	11/1996

**Sources of Data**<sup>1</sup>Nutrient Data Laboratory, ARS, USDA Nutrient content of ethnic and geographic specific foods, Southern Testing and Research Laboratories, 1995 Beltsville MD